

## HOW TO GET INVOLVED



### BECOME AN AMBASSADOR

Mary Kay Ash Foundation Ambassadors are essential to spreading awareness, raising funds, hosting events, and building a community that supports the life-saving work of the Foundation's two-fold mission to eliminate cancers affecting women and end domestic violence. Join us in spreading the living legacy of Mary Kay Ash while making a difference in the lives of others by becoming a Foundation Ambassador.



Eliminate Cancers  
Affecting Women

End Domestic  
Violence



SCAN TO BECOME AN AMBASSADOR TODAY

For more information, visit  
[www.marykayashfoundation.org/ambassadors](http://www.marykayashfoundation.org/ambassadors).



### PARTICIPATE IN THE OFFICIAL MK5K®

Every October, the Mary Kay Ash Foundation's annual MK5K® event brings together supporters from across the country to help us raise money and awareness.

#### IN-PERSON EVENT (Addison, TX)

Register to participate in-person at our annual MK5K® & One-Mile Fun Run. Join us at Mary Kay Global Headquarters for race day to paint the town pink!

#### MK5K® MY WAY (Virtual Challenge)

Register for the MK5K® My Way virtual challenge and complete it at your own pace. You can walk, run, bike, swim or even maintain your daily step count!



SCAN TO LEARN MORE ABOUT THE EVENT

For more information, visit  
[www.marykayashfoundation.org/mk5k](http://www.marykayashfoundation.org/mk5k).



### RAISE MONEY WITH TEAM UP FOR WOMEN

Fundraising to support our two-fold mission is at the heart of the Mary Kay Ash Foundation. That's why we created **Team Up for Women** to help our supporters spread awareness and raise funds in support of eliminating cancers affecting women and ending domestic violence.

Any time you organize fundraisers, host fundraising events, round up your change on COF orders and more, that's the heartbeat behind Team Up For Women.

1



Register Your Fundraiser

2



Customize Your Personal  
Fundraising Page

3



Use Our Tools to Fundraise  
Year-Round

4



Track Your Progress  
in the Fundraising Center



SCAN TO REGISTER YOUR FUNDRAISER TODAY

For more information about TUFW, visit  
[www.marykayashfoundation.org/fundraise](http://www.marykayashfoundation.org/fundraise).